



Niagara Region

Saturday, September 12, 2009

Starts/Finishes at Henry of Pelham Winery

31km — Difficulty rating: 2.0

Suitable for rider's 14+

A fresh air festival on wheels.

This is one of the most scenic routes on the Tour de Greenbelt and also one of the more challenging. Located in the Niagara Escarpment, this naturally hilly route is not one to miss. Surrounded by several wineries and riding through the majestic Jordan Valley into the Jordan Station, this ride has a Tour de France feel.

Mid-way through the ride is a designated rest stop at the Ridge Point Winery, an Ontario wine vineyard, and a great place to take a break and take in the natural beauty of the Niagara Escarpment, a diverse environment of forests, farms, cliffs, streams, rolling hills and waterfalls. It contains more than 300 bird species, over 50 species of mammals, over 30 types of reptiles and amphibians, and 90 species of fish.

More Information

Participants must register to take part in any of the rides. Registration fee is \$40/person for each day or \$150 for all four days. Kids 14 and under are free and must be registered with an adult — 2 free children per adult.

Included in your registration fee is:

- A *Tour de Greenbelt* rider kit with maps and directions for each route
- Snacks and beverages before and during each ride
- Ride support and marshalled routes to ensure safety of all riders
- Free bike tune-up before the ride provided by MEC
- A 'Sag-Wagon' to pick up any rider who is tired or is unable to complete a ride
- A freshly prepared, delicious, local, Greenbelt lunch

Ways to register:

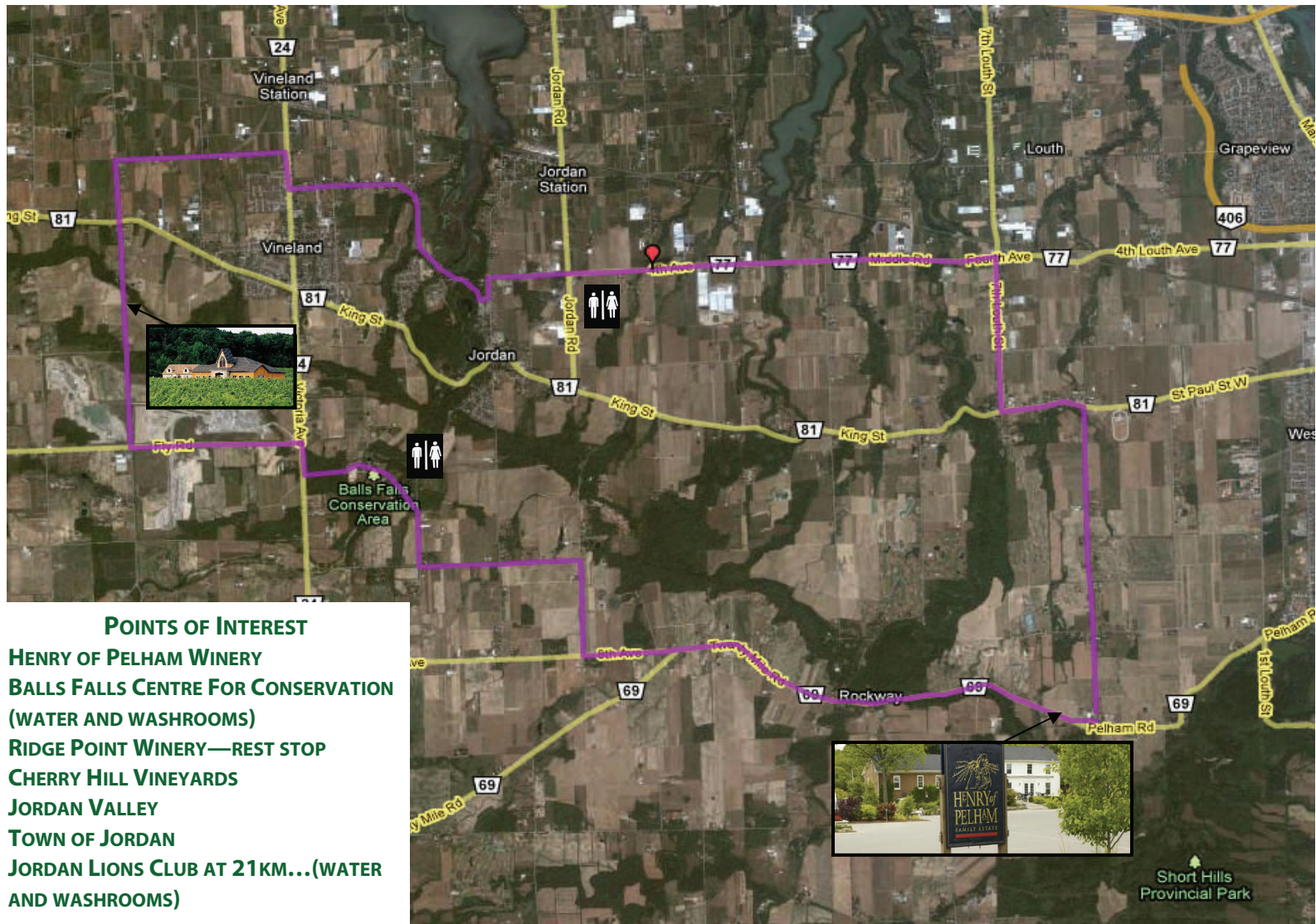
- Online at www.tourdegreenbelt.ca
- By phone through the *Greenbelt Foundation* at 416-960-0001
- At MEC through mail-in or drop-in registration cards to the *Greenbelt Foundation*
- Using your Aeroplan points at <http://www.aeroplan.com/mrch/prodAP0049.html>
- Take the Greenbelt Express Toronto-Niagara Bike Train for Sept. 12th event. For more information visit www.biketrain.ca

Also available is:

- \$15 return shuttle service from Mountain Equipment Co-op in either Toronto or Burlington to any of the four rides
- A \$25, 100% organic cotton *Tour de Greenbelt* t-shirt
- A \$70, limited edition ATAC Sportswear *Tour de Greenbelt* cycling jersey

Every rider must wear a helmet. Medical staff is available throughout the ride.

Map of 31km Route



The above 31km route is best suited for riders who would enjoy cycling shorter distances yet with varied terrain. There are also two more options for those who feel comfortable pushing themselves longer distances: the 54km route and the 87km route. Like the shorter route, these longer distances are also marshalled to guarantee the safety of all rider's.

Both the 54km route and the 87km route are great for riders looking to push their limits a little further. These longer distances are mostly flat with scenery that ranges from shady tree-lined lanes to wide open farmland, from lush green golf courses to quaint little villages. It is a great opportunity to experience the variety of the Greenbelt.



Alternative Routes

54 km

Difficulty rating: 2.5

- Right on 5th Louth Street
- Straight on to Effingham Street
- Left on Metler Road
- Right on Hansler Street
- Left on Overholt Road
- Right on Pelham Street
- Right on Highway 20
- Turn left onto Canboro Road
(**washrooms**)
- Right on Maple Street
- Left on Memorial Drive
- Right on Maple Street
- Left on Tice Road
- Right on Victoria Avenue
- Left on Concession Four
- Right on Rosedene Road
- Left on Fifteen Road
- Right on Rosedene Road
- Right on 20 Mile Road
- Left on Tintern Road
- Right on Spring Creek Road
- Left on Cherry Avenue (bears to the right)...**REST STOP**
- Right on Claus Road
- Right on Victoria Avenue
- Left on Culp Road
- Right on 21st Street
- Left on Main Street
- Right on Wismer Street
- Left on 19th Street
- Right on 4th Avenue (**washrooms**)
- Right on 7th Street Louth
- Left on St. Paul Street West
- Right on 5th Street Louth to Henry of Pelham

87 km

Difficulty rating: 3.0

- Right on 5th Louth Street
- Straight on to Effingham Street
- Left on Metler Road
- Right on Hansler Street
- Left on Overholt Road
- Right on Pelham Street
- Right on Highway 20
- Turn left onto Canboro Road
(**washrooms**)
- Right on Maple Street
- Left on Memorial Drive
- Right on Maple Street
- Left on Tice Road
- Right on Victoria Avenue
- Left on Concession Four
- Right on Rosedene Road
- Left on Fifteen Road
- Right on Rosedene Road
- Left on Sixteen Road
- Right on Abingdon Road
- Right on Twenty Road
- Left on Caistor Centre Road
- Right on Highway 20
- Left on Grassie Road
- Right on Young Street
- Turns into Yonge Street
- Left on Tintern Road
- Right on Bethesda Road
- Left on Cherry Avenue...**REST STOP**
- Right on Claus Road
- Right on Victoria Avenue
- Left on Culp Road
- Right on 21st Street
- Left on Main Street
- Right on Wismer Street
- Left on 19th Street
- Right on 4th Avenue (**washrooms**)
- Right on 7th Street Louth
- Left on St. Paul Street West
- Right on 5th Street Louth to Henry of Pelham

